

Image Based Sexual Abuse: A Study On The Causes And Consequences Of Non Consensual Nude Or Sexual Imagery (Routledge Critical Studies In Crime Diversity And Criminal Justice)

What is Image-Based Sexual Abuse (IBSA)?

Image-based sexual abuse refers to the non-consensual creation, distribution, or possession of sexually explicit images or videos of a person. It is a form of sexual violence that can have devastating consequences for the victim. IBSA is also known as cyber sexual abuse, revenge porn, and digital sexual abuse.

How Does IBSA Happen?

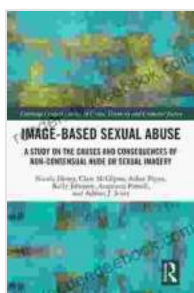


Image-based Sexual Abuse: A Study on the Causes and Consequences of Non-consensual Nude or Sexual Imagery (Routledge Critical Studies in Crime, Diversity and Criminal Justice) by Benjamin T. Smith

★★★★☆ 4 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 197 pages



IBSA can happen in a variety of ways, including:

- **Sextortion:** When someone threatens to release sexually explicit images or videos of you unless you do something they want.
- **Revenge porn:** When someone shares sexually explicit images or videos of you without your consent.
- **Cyberbullying:** When someone posts or shares sexually explicit images or videos of you online to humiliate or embarrass you.
- **Unwanted exposure:** When someone takes sexually explicit photos or videos of you without your consent and shares them with others.

What are the Consequences of IBSA?

IBSA can have a wide range of negative consequences for the victim, including:

- **Emotional distress:** Victims of IBSA may experience feelings of shame, guilt, anger, and depression. They may also be at increased risk for anxiety and post-traumatic stress disorder (PTSD).
- **Physical harm:** Victims of IBSA may be threatened or physically harmed by the perpetrator. In some cases, IBSA can even lead to death.
- **Social isolation:** Victims of IBSA may be ostracized by their friends and family and may have difficulty finding work or housing.
- **Financial problems:** Victims of IBSA may incur legal expenses, medical expenses, and other costs related to the abuse.

Who is at Risk for IBSA?

Anyone can be at risk for IBSA, but some groups are at higher risk than others. These include:

- **Women:** Women are more likely to be victims of IBSA than men.
- **Young people:** Young people are more likely to share sexually explicit images and videos online, making them more vulnerable to IBSA.
- **LGBTQ+ people:** LGBTQ+ people are more likely to experience IBSA than heterosexual people.
- **People with disabilities:** People with disabilities are more likely to be victims of IBSA than people without disabilities.

How Can IBSA be Prevented?

There is no surefire way to prevent IBSA, but there are some things you can do to reduce your risk, such as:

- **Be careful about what you share online:** Don't share sexually explicit images or videos of yourself with anyone, even if you trust them.
- **Set strong passwords:** Use strong passwords and don't share them with anyone.
- **Be aware of your surroundings:** Be aware of the people around you when you're taking or sharing sexually explicit photos or videos.
- **Tell someone you trust:** If you're experiencing IBSA, tell someone you trust. A friend, family member, or therapist can help you get

support and resources.

What to Do If You're a Victim of IBSA

If you're a victim of IBSA, there are some things you can do to get help and support:

- **Call the police:** If you're in immediate danger, call the police.
- **Contact a crisis hotline:** There are a number of crisis hotlines available that can provide you with support and resources.
- **Talk to a therapist:** A therapist can help you to process the trauma of IBSA and to develop coping mechanisms.
- **Join a support group:** Support groups can provide you with a safe and supportive environment to connect with other survivors of IBSA.

IBSA is a serious problem that can have devastating consequences for the victim. However, there are things that you can do to prevent IBSA and to get help if you're a victim. If you're experiencing IBSA, know that you are not alone and that there is help available.

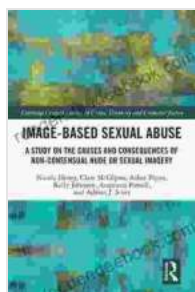


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